

**2009 NCR Urban Extension Conference**  
**Wednesday, May 6<sup>th</sup> 11:00am – 12:30pm Hyatt Atrium**  
**Poster Session Descriptions**

**1. Co-Parenting Education for Fragile Families**

Presenter: Rose Allen, *Family Relations Extension Educator, University of Minnesota Extension*  
Co-Presenter: Karen Shirer, *Extension Associate Dean, Family Development, University of Minnesota Extension*

The Fragile Families research conducted in 20 urban communities gives us a vivid picture of the lives and prospects of never-married parents and their children. This research was used to develop the Together We Can curriculum. This poster will describe the implementation of this curriculum in Minneapolis, MN through an initiative by the Family Court of Hennepin County to develop a co-parenting court.

**2. Homegrown: Local Foods Expos**

Presenter: Brad Clinehens, *Economic & Community Development Extension Educator, Purdue Extension*

While there is growing interest in local foods nationally and in the region, little collaboration had been happening to support locally grown products and businesses. Both Northwest and North Central Indiana are ripe for local foods organizing: they have strong agricultural roots yet face pressure from growth. One means of sustaining agriculture is to connect more directly to consumers and provide value-added products and services.

**3. Just Say...YES; An Inter-Disciplinary Program Approach**

Presenter: David Crawford, *Extension Educator & County Extension Director, Ohio State University Extension*

Just Say...YES (Youth + Extension= Success) was designed as a collaborative community development effort led by Ohio State University Extension, Stark County. Inter-disciplinary efforts were designed, implemented and impacts documented. Stark County OSU Extension staff & volunteers effectively enhanced positive “youth development and community beautification” experiences.

#### **4. S.T.Art Students Teaching Art**

Presenter: John de Montmollin, *Youth and Family Educator, Kenosha County UW-Extension*

Co Presenter: Andrea Grant, *Afterschool Resource Coordinator, Kenosha County UW-Extension*

The S.T.Art program was designed to bring the 4-H Arts experience to youth who live in low resource communities in the city of Kenosha. Art and Art Education students from the University of Wisconsin-Parkside served as 4-H volunteer leaders in a six week program coordinated by Kenosha County UW-Extension.

#### **5. Eat Your Way to Better Health**

Presenter: Christina Ferroli, *Extension Educator, Purdue Extension – Marion County*

Co-Presenter: Jeff Jones, *Extension Educator, Purdue Extension – Marion County*

Eat Your Way to Better Health is school-based uniting Extension staff, curriculum and programmatic expertise from FCS, 4-H Youth, and ANR. Educators, working with 3rd graders, presented Health and Nutrition from the Garden. Youth learned about nutrition and gardening through fun, interactive activities and grew vegetables in the school garden.

#### **6. Utilizing Technology to Enhance and Expand Urban Programming**

Presenter: Frank Flavin, *Western Area Director, University of Nevada Cooperative Extension*

Co-Presenter: Jill Ukeiley, *Southern Area Director, University of Nevada Cooperative Extension*

This presentation will focus on technological innovations utilized in Clark and Washoe counties Nevada to enhance and expand the reach of extension programming in urban and adjacent rural and suburban areas.

#### **7. Urban Youth and their Perspectives of Agriculture**

Presenter: Jennifer Govan, *4-H Youth Educator, Purdue Extension - Lake County*

Urban youth and their perspectives of agriculture are very important in Extension, especially in Indiana. There are a lot of urban youth that are not involved with our Extension programs due to lack of knowledge.

#### **8. Personal Finance Electronic Newsletters and Podcasts**

Presenter: Lyle Hansen, *Extension Educator, University of Idaho Extension*

Podcasts and electronic newsletters have steep initial learning curves, but once they are overcome these tools can be very cost-and time-effective in reaching large numbers of clients and participants. These tools are not designed to replace face-to-face contact, but have proven to be very effective supplements to current financial programs.

### **9. Sabathani Urban Gardener: Sowing the seeds of collaboration**

Presenter: Terry Straub, *Program Coordinator, University of Minnesota Extension Hennepin County Master Gardeners*

Co-Presenter: Shelley Sherman, *Extension Educator, Health & Nutrition, University of Minnesota Extension*

Hennepin County Extension is responding to the needs of the urban community in south Minneapolis. Cross-program staff has created an organic model of urban gardening, focusing on community building as well as food access and security. The project, now in its third year, has grown utilizing the resources and skills of three Extension programs, as well as drawing on the assets of stakeholders.

### **10. Urban 4-H – Making it Work**

Presenter: Janice Hanna, *Extension Educator, Ohio State University*

Implementing a successful urban 4-H program requires assistance from a number of community partners. It also means seeking alternate funding, and adjusting programming methods. This poster will describe one successful urban 4-H program, highlighting the role of program collaborators, marketing and funding strategies, program features, and results obtained.

### **11. Teaching and Learning More than Lectures, Flip Charts and PowerPoint**

Presenter: Christine Kniep, *Family Living Educator/Department Head, Winnebago County UW-Extension*

Co-Presenter: Karen Dickrell, *Family Living Educator/ Department Head, Outagamie County UW-Extension*

Extension Educators need to be flexible, skilled educators to facilitate the learning process. This poster session highlights best practice strategies for Extension teaching and learning. Through samples and illustrations viewers will become familiar with a variety of techniques and methodologies to enhance their skill set.

### **12. Extension Disaster Education Network**

Presenter: Becky Koch, *Ag Communication Director, North Dakota State University*

The mission of the Extension Disaster Education Network (EDEN) is to reduce the impact of disasters through research-based education. The EDEN display includes samples of train-the-trainer programs, resources and information focusing on preparedness education for urban audiences.

### **13. Find the Youth Voice in Your Community**

Presenter: Kathleen Koch, *4-H Youth Development Educator, Purdue Extension*

Co-Presenter: Bill Rice, *Ag/NR Extension Educator, Purdue Extension*

A Chance To Serve was designed as a community youth leadership program that places youth on local community boards and committees after participating in a series of five day-long leadership sessions.

### **14. A to Z... Recipe for Diversity**

Presenter: Mary Ann Lienhart-Cross, *Extension Educator Consumer Family Science, Purdue Extension*

Co-Presenter: Valynnda (Val) Slack, *County Extension Director ANR, Purdue Extension*

Recipe for diversity delivers a powerful message. Lack of diversity elicits strong emotions.

Understanding is key in learning about other cultures. To balance various needs, people must learn how to recognize, evaluate and utilize basic ingredients. Before the soup boils, learn about the recipe for diversity and see what's cooking.

### **15. Serving Urban Communities through Service- Learning Day Camp Programs**

Presenter: Rachel Lyons, *County 4-H Agent, Rutgers Cooperative Extension*

Be the Change is a service-learning program that utilizes a day camp format to develop social awareness and leadership skills of teen campers. Learn strategies and tools to develop and implement a successful service-learning summer day camp program that engages the local community.

### **16. Cook County Mobile Science Lab in Action**

Presenter: Karen Meyer, *STEM Team Lead, Cook County University of Illinois Extension, Westchester Office*

Co-Presenter: John Van Horn, *Extension Unit Educator, Science and Technology, University of Illinois Extension, Cook County Unit*

Demonstrating the dynamic range of activities which are part of the STEM teams outreach to students and teachers; this poster illustrates how educators from the STEM, Horticulture and Health Sciences teams bring the excitement (real science) to students in the wide variety of urban schools found in Cook County.

### **17. Environmental Education for Urban Youth Audiences**

Presenter: Jimmy L. Rodgers, *4-H County Extension Agent, Texas AgriLife Extension Service, El Paso County*

Youth Water Leadership Institute – Extension programs impact youths learning of environmental issues and influence family decisions. YWLI partnered with community resources, addressing local environmental issues. Over 73% of the youths reported that the family had reduced water usage and 60% had learned how to dispose of chemical waste correctly.

### **18. Working Together to Support Families in Drug Court**

Presenter: Joan Sprain, *Family Living Agent, St. Croix County UW-Extension*

Co-Presenter: Mary Geissler, *Family Living Agent, Chippewa County UW-Extension*

UW-Extension resources in financial literacy and parent education are an important part of the drug court program in Barron, Chippewa and St. Croix Counties. Family Living Educators will share three different models for developing partnerships and delivering family living education to this audience.

### **19. Establishing 4H Programs on Military Bases**

Presenter: Michael Shockey, *Youth Outreach Educator, Texas AgriLife Extension Service/Bexar County*

Interactive discussion designed for county 4-H staff and military facility program directors/staff to learn strategies, techniques and methods that have built successful military 4-H programs. Emphasis on maximizing cooperation, collaboration & partnerships. Handouts along with examples of brochures, promotional & training documents will be available for all attendees.

### **20. Reducing Lead Poisoning Risk in Families**

Presenter: Vernon Waldren, *Extension Educator, University of Nebraska – Lincoln County*

This poster session display will address the methodology used in programming to reduce lead poisoning risks in the Omaha metro area. As a result of these efforts families in the Omaha metro are demonstrating positive behavioral changes that have resulted in a decreased risk of lead poisoning.

### **21. Beyond the Lemonade Stand: Michigan's Youth Entrepreneurship**

Presenter: Laurie Rivetto, *4-H Educator, Wayne County Michigan State University Extension*

Looking to get started with youth entrepreneurship? Come dialogue with Michigan educators who are providing leadership to 4-H Future Entrepreneurs Clubs. Campus and county educators will share the framework used for the program, review the results from the research, and report on ways to implement this program in urban communities.

## **22. The Baby Boomer Generation: Be Kind. Just Remember to Relax and Unwind**

Presenter: Cynthia Toler, *4-H Extension Program Coordinator, Ohio State University Extension, Lucas County*

This poster session will concentrate on two ingredients for successful care giving: managing stress and integrating human and community resources into a care giving system. While it is important to be kind, caregivers must also remember to relax and unwind. Come pick up quick tips on health management as a caregiver.

## **23. Urban Gardening Relevant Today for Addressing Community Needs**

Presenter: Mary Wakefield, *Extension Agent, Tennessee State University Cooperative Extension*

Urban community gardening training was conducted for limited resource adults in the Edgehill Community, Nashville, TN. The program addressed community needs through experiential training in vegetable production and nutrition and health education. A program overview, including implementation, evaluation and the role of partners in community gardening training will be presented.

## **24. Developing Partnership for Reaching Hispanic Audiences**

Presenter: Marisa Warrix, *Extension Educator, Family & Consumer Sciences, Ohio State University Extension*

Co-Presenter: Greg Siek, *Extension Educator, 4-H Youth Development, Ohio State University Extension*

Co-Presenter: Robin Stone, *4-H Program Assistant, Ohio State University Extension*

For Extension to successfully reach Hispanic audiences in urban areas, well defined partner roles, sensitivity to cultural nuances, a strong commitment to bilingualism and a committed Extension team are all essential ingredients to training home child care providers. This workshop will discuss how to successfully implement a nutrition training program promoting the benefits of fruits and vegetables using FCS, 4-H and community gardening staff.

## **25. The Role of 4-H in Urban School Based Youth Services Programs**

Presenter: Ellen Williams, *4-H Agent, Rutgers Cooperative Extension of Monmouth County*

The Asbury Park High School urban school based youth services program (SBYSP) is a supportive environment in which students receive services enhancing their social, mental, physical, and psychological growth. As the recreation programming partner integral to SBYSP's success, Rutgers Cooperative Extension of Monmouth County 4-H provides grantswriting, program development, community collaboration building, staff and volunteer training, and evaluation.

## **26. A Strategy to Increase Nutrition Education in School Classrooms**

Presenter: Karen Wobig, *Extension Educator, Nutrition Education Program, University of Nebraska – Lincoln Extension*

Co-Presenter: Carrie Schneider-Miller, *Extension Educator, Nutrition Education Program, University of Nebraska Extension*

University of Nebraska-Lincoln Extension Nutrition Education Program developed comprehensive nutrition kits to encourage elementary school teachers to increase the time spent teaching nutrition in their classrooms. With childhood obesity a national issue, learn how you can implement this successful program to benefit your community. Information on kit development and delivery, scheduling, classroom presentations and record keeping strategies will be shared.

## **27. Be a Dribble- Water Conservation**

Presenter: Dotty Woodson, *Extension Program Specialist, Texas AgriLife Extension*

Co-Presenter: Clint Wolfe, *Extension Specialist – Grants & Contracts, Texas AgriLife Research*  
Texas AgriLife Research and Extension Be A Dribble Indoor and Landscape Water Conservation Campaign uses innovative education methods to create awareness and provide education about indoor and landscape water conservation practices. By modifying a few everyday habits and using inexpensive new technology, you can conserve water in your home and landscape.

## **28. Rethinking Community Gardening**

Presenter: Dennis Lukaszewski, *Urban Agriculture Program Coordinator, Milwaukee County UW-Extension*

If you are involved in urban agriculture, community gardening or food security, see how the University of Wisconsin Extension in Milwaukee County maintains over 1,500 garden plots, a prison gardening initiative, accessible demonstration sites, an organic learning center, a streetscape initiative and an urban apiculture institute.

## **29. eXtension: A Vital Resource for Urban Audiences**

Presenter: Terry Meisenbach, *eXtension Communications & Marketing Leader*

eXtension reaches far beyond traditional audiences and has special appeal to people living in urban communities. Content areas feature personal finance, parenting, family caregiving, gardening, organic agriculture and more. Learn how YOU can be a part of this exciting new resource!